Guidelines for Maintaining Registers and Returns in STD Clinics



National STD/AIDS Control Programme, 29, De Saram Place, Colombo 10. Sri Lanka

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List of Abbreviations

AIDS	Acquired immunodeficiency syndrome
BB	Beach boys
BCC	Behavior change communication
CSF	Cerebrospinal fluid
CSW	Commercial sex worker
DU	Drug user
EDD	Expected date of delivery
ELISA	A Enzyme-linked immunosorbent assay
FI	For interview
FSW	Female sex worker
GP	General practitioner
HIV	Human immunodeficiency virus
ID/P	P Identity/passport
IDU	Intravenous drug user
IEC	Information, education & communication
MO	Medical officer
MP	Marital partner
MSN	1 Men who have sex with men
NF	New file
NGO	Nongovernmental organization
NSAG	CP National STD/AIDS control programme
OPD	Outpatient department
PA	Particle agglutination
PC/L	Post card/ letter
PHI	Public health inspector
PHN	5 Public health nursing sister
PID	Pelvic inflammatory disease
PN	Partner notification
QRST	D Quarterly return of STD
RDHS	6 Regional director of health service
STD	Sexually transmitted diseases
STI	Sexually transmitted infection
SW	Sex worker
TPPA	Treponema pallidum particle agglutination assay
UTI	Urinary tract infection
VDRI	Venereal disease research laboratory (test)
VOG	Visiting obstetrician and gynaecologist

Preface

The National STD/AIDS control programme (NSACP) of the ministry of health is responsible for the collection, analysis and dissemination of data related to sexually transmitted Infections (STI). Currently STIs do not belong to the category of notifiable diseases in Sri Lanka. Therefore, the main source of data on STIs is the quarterly return from the STD clinics (QRSTD).

To compile the quarterly return (QRSTD) accurately, it is necessary to record and maintain patients' data uniformly in all the STD clinics. Instructions to prepare the patient records are given in the NSACP publication named "User Manual for Patient Information Management System (PIMS)" (2008).

Purpose of this guideline is to provide instructions on the maintenance of registers and preparation of the quarterly return (QRSTD) in the STD clinics. The STD clinic staff is expected to use this guideline to improve the accuracy of data recording and reporting.

Part 1: Guidelines for maintaining registers in the STD clinics

S TD clinics maintain many registers. In addition to the administrative purposes, these registers are used to prepare the Quarterly return of STD (QRSTD) clinics. QRSTD is the main source of data for monitoring and evaluation of the STD clinic activities and surveillance of STI trends in Sri Lanka. Therefore it is important to maintain these registers uniformly in all STD clinics. The part I of this document summarizes the instructions on how to maintain these registers. Instructions given in this section will help to maintain the registers accurately and uniformly in all STD clinics.

List of Registers

- 1. Main Register
- 2. Subsequent Visit Register
- 3. Outpatient Blood Testing Register
- 4. Interview and Contact Tracing Register
- 5. IEC/BCC/ Awareness Programme Register
- 6. HIV testing and counseling Register
- 7. Condom Distribution Register
- 8. Commercial Sex Worker Register
- 9. Outreach Blood Survey Register
- 10. Defaulter Register
- 11. Antenatal Syphilis Register
- 12. Pre-employment/Visa Screening Register

It is important to maintain the above registers in all the STD clinics as they are necessary for the preparation of the quarterly STD return(QRSTD). In addition, depending on the necessity, larger STD clinics may require to maintain additional registers.

1. Main Register

As the name suggests, this is the most important Register in an STD clinic. The main purpose of this register is to maintain data on newly attending patients and subsequent visit patients with a new complaint. It should be noted that most of the other registers in the STD clinic can be completed/updated using the Main register.

Table1.1 Main Register

Date
Serial No for Diagnosis
Name
 Master No
Sex
Date of Birth
Age
Address and phone no.
 Level of Education
Occupation
Nationality/ Ethnicity
 Marital status
Reason for Attendance
 Diagnosis
Remarks / Risk groups (MSM/ FSW/IDU/BB/ Prisoners), pregnancy status etc

Note.

- This register is filled for both new patients and for previously registered patients who attend with a new complaint.
- Any patient must be given only one specific Master number at the first registration.
- If a new diagnosis is made in a previously registered patient, it has to be entered into the Main register under a new serial number. A new serial number should be given for each new diagnosis and indicated as New File (NF) under remarks column in red.
- Remember for each diagnosis there should be a separate row with a new serial number. Therefore the serial number indicates the number of diagnoses. At the end of quarter/year, serial number last entered indicates the number of new STD diagnoses for the quarter/year (*Table 01 in QRSTD*).
- Depending on the clinic capacity, patients load and staff, two separate registers can be maintained for male and females.

Instructions To Complete Columns Of Main Register:-

- Serial number Start as one from the 1st of January in each year. Each number is assigned for each diagnosis. One patient can have several serial numbers depending on the number of diagnoses. (Remember that "No illness" is also a diagnosis) At the end of a quarter/year, serial number last entered indicates the number of diseases diagnosed for that quarter/year.
- **Master number** Number format should be as M or F/xxxx/xx (Last two xx are for digits of the year). At the end of a quarter/year, the master number last entered indicates the number of newly registered persons.(*This figure is required to fill Table 02 of the QRSTD*).

- Date of Birth If the patient doesn't know the exact date, write the approximate year based on the age and consider birthday as 1st of January of that particular year. E.g. If a patient says 65 yrs old on 23/03/2013 write the date of birth as 01/01/1948.
- Age Always clarify with the Date of Birth
- Level of education classify into 1. 1-5 grade 2. 6-10 grade 3. GCE O/L 4. GCE A/L 5. Dip/Degree 6. No schooling/NA
- Nationality/Ethnicity Classify into 1. Sri Lankan 2 Others (for foreigners, mention the country).
- **Marital status** Classify whether 1.Single, 2.Married/Living together, 3.Separated/Divorced/Widowed, 4. Not known.
- Occupation Categories should be the same as table 09 in QRSTD e.g. 1. Unemployed, 2.Employed, 3.Student 4.Retired, 5. Not known. If employed need to specify the exact job. (E.g. Instead of Hotel worker specify whether room boy, Barmen, Manager, steward, Cook etc.)

In the case of a male commercial sex worker, this information should be stated in the remarks column as this should be entered in to the commercial sex worker register.(*Number of male sex workers is necessary to fill the table No. 06 of QRSTD*).

- **Reason for attendance**-Classify reason for attendance into 1. Contact of patient (write the slip number), 2. Voluntary, 3.Referral from courts/Magistrate,4. Others (Specify e.g. Referral from GP/ Ward/ MO/NGO/ any other clinic or detected positive VDRL on screening; Pre-employment/ Blood bank/ Antenatal screening/ foreign employment or routine blood examination. *Categories should be same as table 10 of the QRSTD*).
- Diagnosis There can be more than one diagnosis on the 1st visit or on a subsequent visit. Diagnosis can be writtenin short form, (As in annex 03). There should be a separate serial number for each diagnosis.
- Remarks Details such as, referred to another STD clinic, Patient's MP's master number, New File (NF) etc. and type of risk groups e.g. MSM FSW, drug user, IDU, Beach boy, prisoner etc. If the patient is pregnant, indicate it here to provide antenatal women's STI data.

2. Subsequent Visit Register

The main objective of the subsequent visit register is to identify the number of subsequent visits made by already registered patients.

Table 1.2 Subsequent visit Register

			Reason for at	tendance	Remarks
Date	Serial Number for the sub visit	Master number	For a follow up appointment	For a new complaint	(Indicate risk groups FSW, MSW, MSM, Drug user) etc, Pregnancy status

Note

- If an already registered patient (with a master number) comes with a new complaint he/she should be entered into the Subsequent visit register and to the Main register with a new serial number.
- Remember that serial number in Subsequent visit register and Main Register is not the same. Serial number in Main Register gives the total number of diagnosis made and the serial number in the Subsequent visits register gives the total number of subsequent visits.

Instructions to complete columns of Subsequent visit register (Sub-visit register)

- Serial number Start as one from 1st of January in each year. At the end of a year or a quarter, serial number last entered gives the number of subsequent visits for the quarter or year (*This information is necessary to complete table 02 of QRSTD*).
- Master number Same master number used in the Main register
- Reason for attendance Indicated by putting a tick in relevant cage
 - a. Follow up appointment
 - b. New complaint
- **Remarks** -If a male commercial sex worker has come for a subsequent appointment, write "Male CSW" in the remarks column (*Needed for the table 06 of QRSTD*).

3. Outpatient Blood Testing Register

The main purpose of this Register is to maintain data regarding patients who are getting tested for Syphilis, Hepatitis B, Hepatitis C and HIV without opening a clinic file.

S.No	
Date DD/MN	۸٫۸٫۸۸
OPD/M Numbe	,OPD/F :r
Reason	for attendance
Name No: and	address telephone d Email
Sex (M/F)	
Age(Yea	ar)
VDRL	
трра	Name of the
нIV	(Indicate testing
HBV	status and results for each test)
НСV	
Remark (SW,M9 Prisone referral	is, Risk groups SM,DU,IDU, BB, irs, etc.), NGO
Date of Signatu officer.	results given & ire of the issuing

Notes

- Depending on the capacity of the STD clinic two registers can be maintained for male and females.
- Remember–Do not to include patients who are coming for pre-employment/foreign employment if they are documented in specific registers.
- If syphilis is confirmed in private sector or state sector they are directly entered to the Main Register and a clinic file opened.

Instructions to complete columns of Outpatient blood testing register

- 1. Serial no–Start as one from 1st of January in each year. Each number is assigned for a each person. At the end of a quarter/year, serial number last entered indicates the tested person.
- 2. Date- in dd/mm/yyyy format
- OPD/M,OPD/F Number Male OPD/M, females OPD/F– Start as one from 1st of January in each year. OPD/M or OPD/F / Number / Last two digits of the year. (OPD/M/0001/14)
- 4. Reason for attendance
- 5. Name, address, Telephone No and Email
- 6. Sex-M for male, F for female
- 7. Age- Age as at last birthday (clarify with the date of birth)
- 8. Name of the blood test (indicate testing status and result for each test)
- 9. Remarks-Risk groups (SW,MSM,DU/IDU,BB, prisoners, etc.), NGO referral
- 10. Date of results given & signature of the issuing officer

4. Interview and Contact Tracing Register

Contact tracing also known as Partner notification (PN) is the process for providing access to persons who may have been at risk of infection from an index case. This includes supportively providing advice to contacts about possible infection, and providing treatments for infection.

Main role of this Interview and contact tracing register is to summarize data regarding the patients whose contacts need to be traced. Public health staff should attempt to reach all contacts and see that they are attended to, and registered for care.

Table 1.4 Interview and Contact Tracing Register

Notes

- Depending on the capacity and work load of the STD clinic either one register or two separate registers for males and females can be maintained. If two registers are used remove column under sex.
- Interview should be focused on tracing the contacts of Gonorrhoea, Syphilis, Chlamydia, NGI, Trichomonaiasis, PID and epididymo-orchitis. (Consider contact tracing of PID and epididymo-orchitis only if the causative organism is suspected to be a STI)
- STD clinician should ensure that patients, who are diagnosed as having above infections, including presumptive cases, are sent 'for an interview' (FI) with PHI/ PHNS. When the public health staff is not available, doctor has to do the interview and provide contact slips.
- It is important to maintain confidentiality throughout the contact tracing process.
- There should be an agreed contact action with the index patient about mode of partner referral and which partner to contact.
- The outcome of the agreed contact action should be documented for each index patient within 4 weeks of first partner tracing discussion.

- During interview, the index patient should be given contact slips for all contacts.
 - Contact slip format –

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Notes

- **Contact slip number**—This should take the following format. Serial No in the interview and contact tracing register / last two digits of the year / Number for the slip given by the interviewer.
- To get the number of contacts treated in each disease, count them in the Main register under reasons for attendance where you have to mention the reason as a contact of patient, the master number of index patient and the contact slip number.
- If doctors are giving contact slips still it is mandatory to send the index patient 'for an interview' (FI).
- Doctor may decide to treat a contact (marital partner, spouse) without bringing the contact to the STD clinic. They are not entered in the number of contacts treated in the table 3 of QRSTD. However, it is necessary to send these index patients for an interview (FI) to trace other contacts.
- The period during which contacts need to be traced is called Interview period or look-back interval.

Instructions to complete columns of interview and contact tracing register

- 1. In the section of index patients' data, contact slip, master number and the diagnosis have to be mentioned.
- 2. Type of counseling given e.g. condom demonstrations should be included in this register under relevant column.
- 3. At the end of each week, officer responsible for contact tracing should check whether contacts have attended the clinic or not and should enter the outcome in

the section of details of the contact. To do this, public health staff need to check the main register in the column of reason for attendance both in male and female registers.

Infection	Category	Interview period/look-back interval		
Gonorrhoea	Male index cases with urethral symptoms	All contacts since, and in the two weeks prior to, the onset of symptoms (if no contacts in the period: Notify the last contact)		
	All other index cases	All contacts in the three months prior to presentation (if no contacts in the period: Notify the last contact)		
Chlamydia	Male index cases with urethral symptoms	All contacts since, and in the four weeks prior to, the onset of symptoms (if no contacts in the period: Notify the last contact)		
	All other index cases	All contacts in the six months prior to presentation (if no contacts in the period: Notify the last contact)		
Non-gonococcal urethritis	If Chlamydial infection detected	As in chlamydial infections		
Non-gonococcal cervicitis	lf chlamydia not detected	All contacts since, and in the four months prior to, the onset of symptoms		
Epididymo- orchitis	If Gonococcal infection detected	As in gonococcal infections		
OR Pelvic Inflammatory	If Chlamydial infection detected	As in chlamydial infections		
Disease (PID)	lf gonorrhea or chlamydia not detected	All contacts since, and in the six months prior to the onset of symptoms		
Trichomoniasis	-	Any partner (s) within the four weeks prior to presentation should be treated		
Chancroid	-	All contacts since and in the 10 days prior to the onset of symptoms		
LGV	Index cases with symptoms	All contacts since, and in the four weeks prior to the onset of symptoms		
	Index cases without symptoms	All contacts in the three months prior to LGV detection		

Table 1.5 Interview periods (Look-back intervals) for different sexually transmissible infections

Table 1.5 cont.,

Infection	Category	Interview period/look-back interval				
Forth	Primary syphilis	All contacts since, and in the three months prior to, the onset of symptoms				
syphilis	Secondary and early latent syphilis	All contacts since, and in the two years prior to, the onset of symptoms				
Late latent and late syphilis	Sexual partners and Children of female partners	Partner Notification should be done back to the date of last negative syphilis serology, if available. Otherwise, it should extend back over the patient's sexual life time as far as is feasible				
HIV	Time of infection can be estimated by risk assessment	Include all contacts since, and in the three months prior to the estimated time of acquisition of the infection.				
infection	Time of infection cannot be estimated by risk assessment	All previous partners should be contacted and offered HIV testing				

Contact tracing/Partner notification (PN) for HIV infection

An estimate, based on a risk assessment, of when infection is likely to have occurred should be made and PN provided to include all contacts since, and in the three months prior to, this estimate. If this is not possible, all previous partners should be contacted and offered HIV testing.

The risk assessment should take in to account the history of exposure to modes of HIV transmission (sexual history, IDU history, transfusion or transplantation history, mother to child transmission history etc.), HIV testing history, and the history of possible sero-conversion illness. Additionally results of CD4 counts and viral load are also useful in risk assessment.

HIV Partner notification should be a part of ongoing care and sexual history should be taken at lease six-monthly intervals after first presentation with HIV infection.

(Adopted from the BASHH statement on partner notification for sexually transmissible infections-2012)

5. IEC, BCC and Awareness Programme Register

This Register is used to maintain data on Information, education and communication activities/Behavioral Change Communication/Awareness programmes carried out by the staff of the STD clinic to various sectors in the population.

Table	1.6 II	EC.	BCC	and	Awareness	Progra	mme	Register
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Date
Name &Designation of the officer (who conducted the programme)
Type of the programme 1. Lecture 2.Exhibition 3. Workshop 4.Other(specify)
Organized by whom 1. NSACP/STD Clinic 2. NGO (specify) 3. Gov. sectors (specify) 4. Other(specify)
Type of Participants/ Target audience 1. FSW 2. MSM 3. DU 4. Youth (out of school) 5. School 6. Public/Mixed 7. Other(specify)
Number of Participants/ Target audience (Approximate)

Notes

- This register is used to understand details regarding IEC,BCC or awareness programmes conducted by the STD Clinic such as,
 - \circ $\;$ No of population covered.
 - $\circ \quad \text{Spectrum of activities done} \\$
 - Spectrum of population groups covered

Instructions to Complete Columns of IEC/BCC/Awareness programme register

- 1. Date in dd/mm/yyyy format
- 2. Name and designation of the officer Name and designation of the officer who conducted the programme
- 3. Type of programme Lecture, exhibition, Workshop, other(specify)
- 4. Organized by whom-NSACP/STD Clinic, NGO(specify),Gov/sectors(specify),other (specify)
- 5. Type of Participant FSW, MSM, DU, School, Youth, Public/Mixed and other group, etc.
- 6. Number of participants -10, 40, 300, etc.

6. HIV Testing and counseling register

The purpose of maintaining this is to keep track of persons who undergo HIV testing and counseling in STD clinics. This register also gives us information on whether the person came to get their test result and their risk group category.

Important:

- Both client initiated and provider initiated HIV testing and counseling should be Included.
- Data should be collected from Patient records, Outpatient blood testing register, Preemployment registers, Accidental needle prick registers or any other records in which HIV testing and counseling is recorded.
- The HIV testing and counseling register should be completed using all the sources mentioned above, before completing the Table 14 of the Quarterly STD return.

	S. No.
	Date
	Patient No.* (OPD, RM or Clinic File No.)
	Sex
	Age
	HIV Result 1. 001 2. 002 3. Other
	HIV Results given to patient 1. Yes (Date) 2. No
	VDRL
	APPA
	Risk group 1. SW 2. MSM 3. IDU/DU 4. Beach boys 5. Prisoners 6. Other STD clinic attendees

Table 1.7 HIV testing and Counselling Register

Instructions to complete this register

- 1. Serial No. Start as one from 1st of January in each year. Each number is assigned for a tested person. At the end of a quarter/year, serial number last entered indicates the tested person
- 2. Date- in dd/mm/yyyy format
- 3. Patient No-Enter the patient number e.g. Main Register no,OPD Register no etc.
- 4. Sex- M for male, F for female
- 5. Age-Age at last birthday
- 6. HIV result –Follow the codes provided to fill up the column.
 - a. HIV Result 1 for Negative , 2 for Positive result , 3 for Other (indeterminate etc.,)
 - b. HIV result given to; Yes- (Date) No
- 7. VDRL- Test Result
- 8. TPPA- Test Result
- 9. Risk group-Follow the codes provided to fill the columns

7. Condom Distribution Register

This Register is maintained to record information regarding bulk issue and receipts of condoms at STD clinics.

Table 1.8 Condom Distribution register

Date	No. Received	From whom	No issued	Date Issue	of	Issued to	Balance in hand	Remarks

Instructions to Complete Columns of Condom Distribution Register

- 1. **Date** in dd/mm/yyyy format
- 2. No. Received Number of units as mentioned above, (Not as small or large box of condoms)
- 3. From whom- Out station clinic, from "NSACP"
- 4. No. Issued
- 5. Date of issue
- 6. To whom
- 7. Balance in hand
- 8. Remarks

8. Commercial Sex Worker Register

To maintain this register, it is necessary to transfer the relevant sex worker information already in the Main register to CSW Register. Include all entries made for sex workers under new master numbers and new serial numbers in the main register.

The main purpose of maintaining a CSW Register is to keep information on sex workers separately from the Main Register and this will help to identify the number of diagnosis made on sex workers.

Table 1.9 Commercial Sex Worker Register

Date	Serial No	Master No	Name &address Telephone no:	Age	Sex	Marital status	Diagnosis	Remarks

Instructions to Complete Columns of Commercial Sex Worker Register

1. Date.– in dd/mm/yyyy format

2. Serial No- Start as one from 1st of January in each year. At the end of quarter or year, the serial number last entered denotes the number of diagnoses in CSW's registered for the period.

3. Master No- As it appears in the Main Register.

4. Name, address and Telephone Number-Write the name, permanent and temporary addresses clearly and completely.

5. Age-Age at last birth day

6. Sex-Mention the sex in order to count the number of Male and Female sex Workers separately.

7. Marital status- Categories should be same as table 08 in QRSTD e.g. 1.Single/Never Married, 2.Married/Living together, 3.Separated/Divorced/Widowed, 4.Not Known.

8.Diagnosis-Write diagnosis in short forms e.g.TV,GC,ON,NGU,NGC,CHL,S₁,S₂,S₃,S₄E,S₄L,S₅ S₆,S₇,S₈E,S₈L,BV,CAN,GI,LGV,HSV,HIV,GW,HBV,HCV etc.)

9. Remark-For any remarks eg. escorted by a particular NGO/peer educator

9. Outreach Blood Survey Register

This register is used to keep records on special blood surveys carried out by the STD Clinic and study participants are expected to attend the clinic for results.

Table 1.10 Outreach Blood Survey Register

	Place of		Name,addr			Results	of the te	st	
Date	blood collection	the sample	ess and Telephone No	Age	Sex	VDRL	ТРРА	HIV	Remark/ Risk Group

Notes

- Write the place and date/period of survey and any other notes
- The content of the register can be changed according to the needs of the survey.

Instructions to Complete Columns of Outreach Blood Survey Register

- 1. Date:
- 2. Place of blood collection: e.g. name of the prison, etc
- 3. Number of the sample –According to the survey methodology.
- 4. Name , address and Telephone No: Enter only if relevant
- 5. Age: Age at last birth day
- 6. Sex:M for male, F for female
- 7. Results of the tests VDRL, TPPA and HIV.
- 8. Remarks : Indicate more details about the blood testing survey

10. Defaulter Register

The term 'defaulter' is used for patients who do not attend for the given appointment. Most of the defaulters do not need any active intervention by the STD clinic staff. However, certain defaulters need to be contacted for provision of care as they may be at risk of developing complications due to untreated STIs and may transmit the infection to their sexual partners.

Main purpose of the Defaulter register is to maintain data on defaulters who needs to be contacted and take necessary actions to bring them for continuation of care. Proper maintenance of this register will help to keep track of defaulters and to determine the effectiveness of the defaulter tracing services.

Table 1.11 Defaulter Register

Date	Serial No	Master No	Due date	Date PC/L sent	Date of visit	Visited by	Date of attendance	Reason for not contacting

Notes.

- To identify the defaulters, each clinic should either maintain a diary on due visits or have the appointment card system.
- After three days of defaulting, the defaulted files should be reviewed by a STD clinician and he/she should advice PHI/PHNS regarding the mode of default tracing.
- Only the details of defaulted patients who need contacting are entered into the defaulter register.

Instructions to Complete Columns of Defaulter Register

- 1. Date.
- 2. Serial No– Start as one from 1st of January in each year.
- 3. Master No.
- 4. Due date Next visit date in the Appointment card (H-9), Patient record, or diary
- 5. Date PC/letter- 1st letter, 2nd letter etc sent
- 6. Date of visit –
- 7. Visited by Name and designation
- 8. Date of attendance Date patient visited the clinic.
- 9. Reason for not contacting Make a short note if contacting is not done.

11. Antenatal Syphilis Register

Main objective of this Register is to record information on antenatal mothers who were screened and tested positive for Syphilis, in order to follow up and prevent congenital syphilis.

Table 1.12Antenatal	Syphilis	Register
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Notes

- Only the antenatal mothers who are positive for syphilis should be entered here. (Both treated or untreated)
- Blood samples sent from institutions or field clinics in MOH areas and mothers who personally visit the clinic should be entered in a laboratory register. And once such a sample is positive for syphilis, it has to be entered into the Antenatal syphilis positive register and main register.
- To identify the number of antenatal mothers positive for syphilis, use the serial number of this table.

Instructions to complete columns of Antenatal syphilis positive register.

- 1. Date- in dd/mm/yyyy format
- 2. **Serial Number –** Start as one from 1st of January in each year.
- 3. Sample number & place of referral Indicate the MOH Clinic and ANL Number
- 4. Name, address and Telephone No Home Address
- 5. Age
- 6. Parity P Pregnancy, C Living children
- 7. Test results VDRL, TPHA
- 8. File No. STD clinic Master number
- 9. Remarks Expected date of delivery (EDD), Date of issue of the letter to VOG etc.
- 10. **Baby's Details** –Baby's STD clinic file no. Date of treatment/Prophylaxis, VDRL and EIA IgM Reports.
- 11. Partners Details Partner's STD clinic file No, syphilis diagnosed or not Date of epitreatment

12. Pre-employment/Visa screening Register

Main role of this Register is to maintain information on those who are coming for syphilis and HIV screening required for pre-employment or visa screening purposes.

Table 1.13	Pre-employment/Visa	screening Register
------------	---------------------	--------------------

	0.	pu	nent	B		Vo.	ing	no. if ent is		Te	st and Resu	ilts		re of officer	report	re of	٦t
Date	Serial N	Name a address	Departı No	Age/DC	Sex	n 99/ DI	Name o Dept. /Migrat country	Receipt a paym done	VDRL		ТРРА		-	Signatu issuing (Date of Issuing	Signatu	applical

Note:

- Although the Register is named as Pre-employment/Visa screening register, this should be used to enter data on persons who come for syphilis/HIV screening for the purpose of renewal of medicals, promotions, re-joining, and screening before entry to universities, nursing training schools, colleges, visa purposes etc.
- By non-governmental and private sector employees, relevant payments have to be made before drawing blood for investigations.
- If found to be positive, a STD clinic file with a new Master number needs to be opened.
- Depending on the workload of the STD clinic, separate registers can be maintained.e.g for Sri Lanka Police medicals, H-Number register for HIV screening after a payment, etc.

Instructions to complete columns of the Pre-employment/visa screening register.

- 1. Date- in dd/mm/yyyy format
- 2. **Serial No.** –Start as one from 1st of January in each year.
- 3. Name and address -Write clearly and correctly
- 4. **Dept.No.** Write if relevant
- 5. Age/DOB-
- 6. Sex
- 7. I.D No or PP No.
- 8. Name of Dept. or Migrating country.
- 9. Receipt No. Write if relevant
- 10. **Results** When blood is drawn put a tick in relevant column. And results later, when it is available.
- **11.** Signature of the issuing officer
- **12.** Date of issuing the report
- 13. Signature of the applicant
- 14. Remarks File no. If detected Positive or other relevant details

Part 2: Guidelines for completion of the Quarterly returnfrom STD clinics (QRSTD)

In Sri Lanka sexually transmitted infections (STIs) are not notifiable. Therefore, the only regular source of data on STIs is originated from STD clinics through the quarterly STD return (QRSTD). The purpose of the part 2 of this guideline is to provide necessary information and directions to complete QRSTD accurately.

According to the direction of the ministry of health, the quarterly returns should be prepared by 20th of the following month after each quarter. Duly completed returns should be sent to Director, National STD/AIDS Control Programme, 29, De Sarem place, Colombo 10. It is necessary to keep a copy of the return at the STD clinic for future references.

Title section of the QRSTD

QUARTERLY RETU	JRN FROM STD CLINICS (Re	evision: 01.08.2013)
Name of the STD clinic	:	
Period of the return	:// 20 to/_	/ 20(Quarter of 20)
Return completed by (Name,	designation and signature)	:
Checked by (Name, designati	on and signature)	•
Date of completion		:// 20

Instructions to complete title section: - Write clearly name of the STD clinic and the period of the quarterly return. Name and designation of the officers who were involved in the preparation and certification of QRSTD should be written clearly.

	0.	14	15	. 19	20	- 24	25	- 29	30	- 34	35	. 39	40	. 44	45	- 49	5	0+	то	TAL	GRANE
	M	F	M	F	М	F	М	F	M	F	M	F	M	F	М	F	M	F	M	F	TOTAL
1. HIV infection																					
2. Infectious Syphilis																					
3. Late syphilis												-		_		-					
4. Early Congenital Syphilis	-										1		ř.	Ŧ	2	1		1			
5. Late Congenital Syphilis																					
6. Gonorrhoea & presumptive GC																					
7. Opthalmia neonatorum																			-		<u> </u>
8. Non Gono, urethritis/cervicitis	-								_					_	_						
9. Chlamydia	-																				
10. Genital Herpes																					
11. Genital Warts												-		_							
12. Chancroid														_							
13. Trichomonasis																					
14. Candidiasis														2 - 2		1					
15. Bacterial Vaginosis																					
16. Other STI	_																		-		
17. Total STI																					
18. Non STI/Uncertain																			1		
19. No illness																					
20. GRAND TOTAL																					

Table2.1: Table 1 of the quarterly STD return

Instructions to complete table 1. This table gives the total number of diagnoses made for all clinic attendees for the quarter (STD diagnoses were previously known as STD episodes.)

Note: 'All clinic attendees' includes both new patients and patients attended on subsequent visits. All these patients who attended in a particular quarter should be included at least once in this table as a diagnosis (Number of "No illness", non-STI/Uncertain" diagnoses should be included in this table).

A surveillance case definition is given for all the diagnoses mentioned in this table. All STD diagnoses should be made using these case definitions (Annex - I).

Source of data to complete table 1:

Main Register of the STD clinic. Use columns for age, sex and diagnosis. MO/STD should complete diagnoses in the patients' records and the Main register should be updated from patients' records before using it for the completion of table 1. Total number of the diagnoses is indicated from the serial number of the Main register.

Table 2.2: Table 2 of the quarterly STD return

	Male	Female	Total
1. New patients registered			
2. New patients with STIs			
3. Total number of clinic visits by STD patients			
Total number of visits by others*			

* Pre-employment, antenatal visits on out-patient basis (OPD/F, OPD/M) etc

Instructions to complete row1-to row 4 of table 2

Row 1: Include only the number of newly registered patients for the quarter.

Source of data:- Main register, use Master numbers.

Row 2: Out of newly registered patients, how many had an STI.

Source of data: - **Main register**. (Exclude diagnoses among patients on sub-visits and new patients with **non STI/Uncertain** and **no illness** diagnoses)

Row 3: Include total clinic visits by both new and patients who came on sub-visits

Source of data: Main register and Subsequent visit register

Row 4: This row should include all visits by patients as well as any other clinic visits for services provided by the clinic. i.e. pre-employment, antenatal VDRL screening, visits of those who had blood tests as outpatient basis OPD F and OPD M (earlier RM and OPD numbers) etc. *However, if only a blood sample was sent for testing, it should not be included in this row. Add all the clinic visits from Main register, Subsequent visit register, OPD blood testing register, Pre-employment/Visa screening register and any other relevant register (Accidental needle prick register etc.)*

Table 2.3: Table 3 of the quarterly STD return

	Male	Female	Total
1. Contacts of Syphilis treated			
2. Contacts of Gonorrhoea treated			
3. Contacts of Chlamydia treated			
4. Contact of Trichomoniasis treated			

Instructions to complete table 3

Include number of contacts treated for syphilis, gonorrhoea and chlamydia infections. This should include the marital or stable partner in addition to other contacts who had treatments as contacts.

Source of data: Interview and contact tracing Register

Table 2.4: Table 4 of the quarterly STD return

	Number of VDRL	VDRL positive	TPPA/ TPHA positive	Number treated	Testing lab
1. STD patients' samples					
2. Antenatal samples					
3. Pre-employment samples					
4. Other samples					
Total					

Table 2.5: Table 5 of the quarterly STD return

	Number tested for HIV (ELISA, PA)	Number positive	Testing lab
1. STD patients' samples			
2. Antenatal samples			
3. Survey samples			
4. Other samples			
Total			

Instructions to complete table 4 and 5

Table 4 and 5 should include number of samples tested for syphilis and HIV infection under different categories. Name of the testing laboratory should be written to avoid double counting at the national level.

Source of data: Antenatal syphilis screening Register, Pre-employment/Visa screening register, OPD blood testing Register, Outreach blood survey Register, Laboratory data etc.

Table 2.6: Table 6 of the quarterly STD return

	Male	Female	Total
1. New Sex workers registered			
2. New Sex workers with STIs			
3. Total number of sex workers attended (new & sub-visit)			
4. Total clinic visits by Sex workers			

Instructions to complete table 6

Row 1: Include only newly registered sex workers for the quarter

Row 2: Include only new sex workers with a diagnosis of STI. (Total of this row should be less than the grand total of table 7)

Row 3: Include total clinic visits by both new and sex workers on a subsequent visit. Row 4: This row should include all visits by sex workers as well as any other clinic visits for services provided by the clinic for sex workers. i.e. condom provisions etc.

Source of data:

For row 1 and 2: Main register (remarks column). For row 3: Use both Main and Subsequent registers For row 4: Use Main register, Subsequent visit register, OPD blood testing register etc.

Table 2.7: Table 7 of the quarterly STD return

Table 7: Total Number of New Diagnoses* Among Sex Workers by Age groups																					
	0 -	14	15	- 19	20	- 24	25	- 29	30 ·	- 34	35 -	- 39	40 -	- 44	45	- 49	50)+	TO	TAL	
	м	F	м	F	м	F	м	F	м	F	м	F	м	F	м	F	м	F	м	F	GRAND TOTAL
1. HIV infection																					
2. Infectious syphilis																					
3. Late syphilis																					
4. Gonorrhoea & presumptive GC																					
5. Non Gono. urethritis/cervicitis																					
6. Chlamydia																					
7. Genital Warts																					
8. Genital Herpes																					
9. Chancroid																					
10. Trichomonasis																					
11. Candidiasis																					
12. Bacterial Vaginosis																					
13. Other STI																					
14. Total STI																					
15. Non STI/Uncertain																					
16. No illness																					
17. Grand Total																					

* Refer surveillance case definition for each diagnosis

Instructions to complete table 7

Include total diagnoses made on Sex workers (both new and those on subsequent visits). Similar to table 1, all diagnoses should be based on the surveillance case definitions (See Annex I)

Sources of data: Main register, Commercial sex worker register

Tables 2.8: Table 8 of the quarterly STD return

	Males	Female	Total
1. Single			
2. Married			
3. Separated, Divorced or Widowed			
4. Living Together			
5. Not Known			
Total			

Tables 2.9: Table 9 of the quarterly STD return

	Male	Female	Total
1. Unemployed			
2. Employed			
3. Student			
4. Retired			
5. Not Known			
Total			

Tables 2.10: Table 10 of the quarterly STD return

	Male	Female	Total
1. Contact of patient			
2. Voluntary			
3. Referral from magistrate/court			
4. Others			
Total			

Instructions to complete table 8, 9 and 10

These three tables include some basic demographic variables of new patients attended during the quarter. Totals of each of these tables should be same as the first row total of table 2 (new patients registered).

Source of data: Main Register (Columns- marital status, occupation and reason for attendance)

Table 11 of the QRSTD includes bulk condom distribution details. **Source of data:** Condom Distribution Register

Table 2.11: Table 11 of the quarterly STD Return

Details of condom amounts	Number
Number of condoms available at the beginning of quarter	
Number of condoms received during quarter	
Number of condoms issued during quarter	
Number of condoms available at the end of quarter	

Table 12 and 13 of the quarterly STD return

Table 12 and 13 includes details about IEC/BCC and Awareness programmes conducted during the quarter by staff of STD clinic. **Source of Data:** IEC/BCC/Awareness Programme Register.

Type of Programme	Number of programmes	Approximate number of participants
Lectures		
Exhibitions		
Workshops		
Other (specify)		
Total		

(Totals of table 12 and 13 should be the same)

Table 2.13: Table 13 of the quarterly STD return

Type of Participants	Number of programmes	Approximate number of participants
Female Sex Workers		
Men who have sex with men (MSM)		
Drug users		
Prisoners		
Youth (out of school)		
School children		
General public/Mixed group		
Other (specify)		
Total		

(Totals of table 12 and 13 should be the same)

Table 14 and 15 of the quarterly STD Return

Table 14 includes details about HIV tests done for STD clinic attendees during the quarter.

Source of Data: HIV testing and counseling register (Patient records, Outpatient blood testing register, Pre-employment/visa screening register, Accidental needle prick register or any other records in which HIV testing and counseling is recorded.)

Type of STD clinic attendee	Number Who received HIV Testing and Counseling		Number came to receive HIV result	
	Male	Female	Male	Female
Sex Workers				
Men who have sex with men (MSM)				
Drug users				
Prisoners				
Other STD clinic attendees				
Total				

Table 2.14:Table 14 of the quarterly STD Return

Type of key population	Number Who received HIV Testing and Counseling		Number received HIV result	
	Male	Female	Male	Female
Sex Workers				
Men who have sex with men (MSM)				
Drug users				
Prisoners				
Other (specify)				
Total				

Annex 1: STI Case Definitions for Surveillance

1.HIV	Demonstration of antibodies to HIV 1 or 2 by a screening test,			
infection	and			
	Confirmed with a Western blot or other confirmatory assay.			
2.	Includes primary syphilis, secondary syphilis and early latent syphilis. Both probable			
Infectious	and confirmed cases should be included.			
syphilis	a) Primary and secondary syphilis			
	Probable: An illness with ulcers (primary) or mucocutaeous lesions (secondary)			
	clinically suggestive of syphilis and a reactive serologic test for syphilis			
	(non-treponemal or treponemal).			
	Confirmed: Demonstration of <i>Treponema pallidum</i> in clinical specimens by dark			
	fieldmicroscopy or other methods.			
	b) Early latent syphilis			
	No clinical signs or symptoms of syphilis with historical/ documented			
	evidence that the infection was acquired within the previous 24			
	months,			
	and			
	 a reactive non-treponemal and treponemal test in a patient with 			
	no prior syphilis diagnosis, or			
	2) a non-treponemal test titer demonstrating fourfold or greater			
	increase from the last non-treponemal test in a patient with a prior			
	syphilis diagnosis.			
3.Late	Includes late latent syphilis, tertiary syphilis, and quaternary syphilis			
syphilis	a) Late latent syphilis			
	No clinical signs or symptoms of syphilis, with evidence that the infection was			
	acquired more than 24 months ago or of unknown duration,			
	and			
	a non-treponemai test which is reactive or non-reactive and a treponemai test			
	 which is reactive in a patient with no phor syphilis diagnosis. b) Tertiery synthilis (systemeny synthilis 			
	b) Tertiary syphilis / quaternary syphilis A diagnosis of cardiovascular, nouro or gummatous synhilis			
	A diagnosis of caldiovascular, neuro of gummatous syphilis,			
	and 1) there is ovidence that the infection was acquired more than 24 menths ago			
	or of unknown duration			
	and			
	2) a non-treponemal test which is reactive or non-reactive and a treponemal			
	test which is reactive			

4. Early	Early congenital syphilis is diagnosed in children who are less than 2 years of age .
congenital	Both probable and confirmed cases should be included.
syphilis	Probable:
	1. An infant whose mother had untreated or inadequately treated syphilis during
	pregnancy (includes an infant whose mother treated with non-penicillin regimens
	and was treated for syphilis less than 4 weeks prior to delivery and regardless of
	signs in the infant and),
	or
	An infant or child with a reactive treponemal test,
	and, any one of the following
	a) Evidence of congenital syphilis on physical examination
	b) Long bone X-rays compatible with congenital syphilis
	 c) Reactive non-treponemal test, which is 4 fourfold greater than the mother.
	 d) A reactive CSF- VDRL or an elevated cell count and protein in CSF (without other cause)
	e) A reactive syphilis specific Ig M antibody test
	f) A persistently reactive treponemal test for more than 18 months of age.
	2. Stillbirth: A fetal death that occurs after 20 weeks gestation or in which the fetus
	weighs >500 g and the mother had untreated or inadequately treated syphilis at
	delivery.
	Confirmed: Demonstration of <i>T. pallidum</i> by dark field microscopy, fluorescent
	antibody in specimens from lesions, placenta, umbilical cord or autopsy material.
5. Late	Late congenital syphilis is diagnosed in persons who are older than 2 yrs.
congenital	1. A child with, a reactive treponemal test, whose mother had untreated or
syphilis	inadequately treated syphilis during pregnancy (regardless of signs in the
	child), or
	2. A child with a reactive treponemal test and any one of the following
	a. Evidence of congenital syphilis on physical examination
	b. Long bone X-rays compatible with congenital syphilis

Alternative case definition for Congenital Syphilis (WHO-2009)

Case definition 1

Congenital syphilis is defined as a live born infant with clinical evidenceof syphilis (one major and two minor criteria) born to a mother with syphilis (clinical or seropositive) who has not been treated or was Inadequately treated.

MAJOR CRITERIA	MINOR CRITERIA
Swelling of the joints	Hepatosplenomegaly
Bullous skin lesions	Jaundice
Snuffles	Anaemia
	Radiological changes in the long bones

Case definition 2

Congenital syphilis is defined as an asymptomatic, live born baby, born to a woman positive for syphilis, whose serological titer of the nontreponemal test is at least four fold higher than that of the mother or who remains sero-reactive beyond four months after birth or is positive for IgM antibodies.

Case definition 3

Congenital syphilis is defined as a live born infant, stillbirth or fetal loss born to a mother:

- with clinical evidence of syphilis and/or

- who has a positive immunochromatographic strip (ICS) test or a reactive

non-treponemal test confirmed by a treponemal test carried out in the

prenatal period or during delivery, and

- who has not been treated or was inadequately treated (not completed

treatment according to the stage of syphilis or treated with non-penicillin

regimens or treated less than four weeks before delivery)

- in whom treatment was not documented

6.1 Gonorrhoea	Both probable or confirmed cases should be included			
Gonornioea	Probable: 1. Mal sexu 2. Obs sme 3. Obs sme 4. Sexu has gong Confirmed: Isolati gonoc	e with a purulent urethral discharge who has a history of recent al exposure, or ervation of gram-negative intracellular diplococci in a urethral ar obtained from a man, or servation of gram-negative intracellular diplococci in a cervical ar obtained from a woman, or ual contact of a case of gonorrhoea (probable or confirmed) who been treated for gonorrhoea but tested negative or not tested for orrhoea on of typical gram-negative, oxidase-positive diplococci from a occal culture of a clinical specimen.		
7. Ophthalmia	Both probable	e or confirmed cases should be included		
neonatorum	Probable:	Unilateral or bilateral conjunctivitis in a newborn occurring within four weeks of delivery.		
	Confirmed: an trachomatis	Conjunctivitis in a new-born (within four weeks of delivery), with ocular specimen that is positive for <i>N. gonorrhoea</i> or <i>C</i> .		
8.1 NGU (Non- gonococcal urethritis)	10	A male with symptoms or signs of urethritis, and a urethral smear or culture is negative for gonococcus, and Gram-stained urethral smear with \geq 5 pus cells per high power field (x1000), or Gram-stained deposits of first passed urine (centrifuged) with \geq pus cells per high power field (x1000), or first void centrifuged urine with \geq 15 pus cells per high power field (x 400)		
8.2 NGC (Non- gonococcal cervicitis) / MPC (muco purulent cervicitis)		A female with symptoms or signs of cervicitis, and a cervical smear or culture is negative for gonococcus, and Gram-stained cervical smear with \geq 30 pus cells per field (x1000)		
9. Chlamydia	Probable: Confirmed:	Contact of a case of chlamydia and tested negative or not tested A positive antigen detection test, culture or nucleic acid-based test for <i>C. trachomatis</i> on a clinical specimen from a symptomatic or asymptomatic person.		

10. Genital	Laboratory evidence of herpes simplex virus (type I or II) from a clinical specimen		
herpes	form a lesion in the anogenital area (HSV ELISA, HSV culture), or		
	A clinically compatible illness in the anogenital area with or without detecting		
	giant cells.		
	Note: Do not include serologically diagnosed cases who never had signs or		
	symptoms of herpes in anogenital area.		
11. Genital	An illness with obvious genital or anal warts on physical examination.		
warts	Note: Should not include koilocytic atypia on the Pap smear or areas with		
	positive "Aceto-white" test.		
12. Chancroid	Both probable or confirmed cases should be included		
	Probable: A person with genital or anal ulcers clinically suggestive of		
	chancroid, and		
	1) No evidence of <i>T. pallidum</i> infection by dark field		
	examination or by a serologic test for syphilis performed more		
	than 7days after ulcer onset, and		
	A negative test for HSV on ulcer exudates or clinical exclusion		
	of HSV.		
	Confirmed: Identification of <i>Haemophilus ducreyi</i> by culture or nucleic acid		
	test in ulcer exudates.		
13.	Vaginal smear, urine deposit or pap smear is positive for Trichomonasis vaginalis		
Trichomoniasis	in a person who may or may not have symptoms or signs.		
14. Candidiasis			
	Refers to Candida vulvo-vaginitis in females and Candida balanitis in males.		
	Note: Diagnosed only if the client has symptoms or signs, and		
	A positive smear or culture for candida. It should not be a laboratory diagnosis		
	alone.		
15.Bacterial	A woman with symptoms or signs and		
vaginosis	a vaginal smear suggestive of Bacterial vaginosis (presence of Clue cells, absence		
	of lactobacilli, presence of mixed bacterial flora etc).		
	It should not be a laboratory diagnosis alone.		
16. Other STI	Refers to all other STIs not listed above such as LGV, Granuloma inguinale,		
	Molluscum in genital area, PID, prostatitis, genital scabies etc		
17.1 Non	Refers to a non-STI illness such as dermatitis, seborrhoeic warts, sebacaeous		
STI/Uncertain	cysts, UTI, Inguinal hernia etc or if the diagnosis is uncertain.		
17.2 No illness	Refers to persons who come for testing but physical examination and laboratory		
	investigations are negative.		

	Diagnostic codes	
Bacterial vaginosi	BV	
Candidiasis		CAN
Chlamidya		CHL
Gonorrhoea		GC
Granuloma inguin	ale	GI
Genital warts		GW
Hepatitis B Viral ir	nfection	HBV
Hepatitis C Viral ir	nfection	HCV
Human Immunod	eficiency Virus	HIV
Herpes simplex vi	rus infection	HSV
Lymphogranulom	LGV	
Molluscum	MC	
Nongonococcal cervicitis		NGC
Nongonococcal urethritis		NGU
Non STD illness		Non STD
Ophthalmia neonatorum		ON
	Sero-negative primary syphilis	S1
	Sero-positive primary syphilis	S2
	Secondary syphilis	S3
	Early latent syphilis	S4E
Synhilis	Late latent syphilis	S4L
Зуртшз	Neuro-syphilis	S5
	Cardio-vascular syphilis	S6
	Gummatous syphilis	S7
	Early congenital syphilis	S8E
	Late congenital syphilis	S8L
Trichomoniasis	TV	

ANNEX 2: Codes of STDs for the Main Register