



International Labour Organization



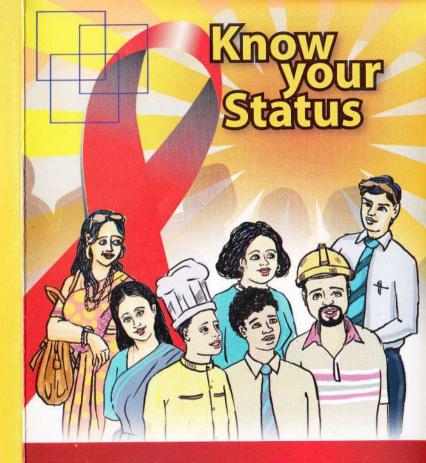






VCT@WORK 5 million workers by 2015

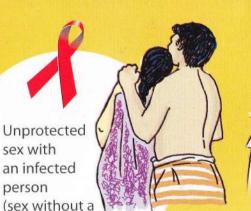
Produced by the ILO 202, 204 Bauddhaloka Mawatha, Colombo 07, Sri Lanka.



Timely HIV testing and counselling is the gateway to wellness

HIV is a virus that destroys the body's immune system and gradually reduces the capacity to fight infections. If untreated, a person infected with HIV will develop AIDS in about 8-10 years

HIV can spread or be acquired by ...



condom)





From an infected pregnant mother to her baby (during pregnancy, delivery or breast feeding)



Exchange of blood or blood products of an infected person



How does the HIV test help? If you are positive

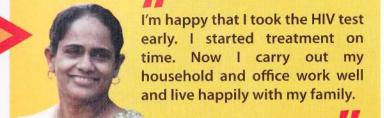
You can:

- Start early treatment and live a healthy and productive life
- Take precautions to protect your partner/spouse
- Continue to work and achieve your career goals
- Prevent your to-be born children from getting infected with HIV
- You will stop worrying and be happy

If you are **negative**

- You stop worrying!
- Be careful to protect yourself
- Enjoy your family life





Ms. Princy Mangalika President Positive Women's Network

I have taken the HIV test myself and I encourage my employees to do the same. Those who test positive should not worry. Their jobs will be protected and they will be taken care of.

> Mr. Y. de Silva General Manager

The Sri Lanka National Policy on HIV & AIDS in the World of Work protects your rights

Go to the nearest government STD clinic or a private hospital and get tested for HIV



	Ampara	063-2224239	Killinochi	021-2285327
	Anuradhapura	025-2236461	Kurunegala	037-2224339
	Badulla	055-2222578	Mahamodara	091-2245998
	Balapitiya	091-3094667	Mahiyanganaya	055-2257261
	Batticaloa	065-2222261	Mannar	023-2250573
	Chilaw	032-2220750	Matale	066-2222261
	Colombo	011-2667163	Matara	041-2232302
	Central Clinic	011-2696433	Monaragala	055-2276261
	Ebilipitiya	047-2230141		055-2276826
	Gampaha	033-2234383	Negambo	031-2224156
	Hambantota	047-2222247	Nuwaraeliya	052-2223210
	Jaffna	021-2222261	Polonnaruwa	027-2225787
	Kalmunai	067-2223660	Ragama	011-2960224
	Kalubowila	011-4891055	Ratnapura	045-2226561
	Kalutara	034-2236937	Trincomalee	026-2222261
	Kandy	081-2203622	Vavuniya	024-2224575
	Kegalle	035-2231222	Wathupitiwala	033-2280261

HIV testing is Voluntary, Confidential and Free

For more information, please call or visit:

National STD/AIDS Control Programme

29, De Saram Place, Colombo 10

Hotline - 011 266 71 63 011 266 70 29

The Family Planning Association of Sri Lanka

37/27, Bullers Lane, Colombo7

Hot line - 011 2 588 488